

in partnership with

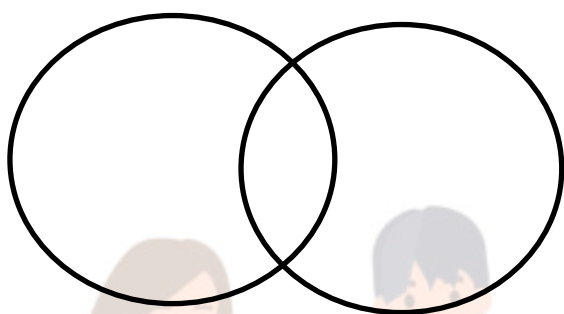


**Nottinghamshire  
County Council**

**Moving on to Secondary School  
is likely to mean a different  
journey to & from school. Use  
some of these activities to help  
you feel more confident about  
your journey.**

### Journey Circles

Draw two circles that cross over each other, like the ones below. You may need to make your circles a bit bigger.



In the left hand circle write down things about your journey to primary school & in the right hand circle write down everything about your journey to secondary school. Put everything that is the same for both journeys in the middle section where the circles cross over.

### Map it Out -

Draw a map of your journey to school. Are you crossing any new roads, are you walking to the bus stop?



Think about all the different ways you can travel to school. Is there a pedestrian crossing to help you cross a road?

Do you have different options for your route?

### Practise Makes Progress!

Have a trial journey, as much as you can. The school bus may not be possible, but you could practise walking to the bus stop, waiting for the bus etc. Maybe try cycling to your new school.

Is there any part of the journey that worries you?

Are there several ways you can go?

Practise them all and decide which one is best. Think about the time of day, remember there is likely to be more traffic around on school mornings.

**Are any of your friends doing the same journey as you? Talk it through with them. Sharing worries and ideas is a great way to help each other.**

in partnership with



**via**



**Nottinghamshire  
County Council**

### Its all about the Look!

If you have done any cycle training you will remember the most important thing you were taught was to look.

As a pedestrian it's a key part of how we cross safely. Stop Look Listen.

Lots of collisions happen on our roads because somebody involved didn't look.

Don't rely on someone else to look for you. Who ever you are with make sure you look for yourself.



### Distractions

Make a list all the things that might distract you on your journey—there is more than you might think.

What about drivers—can you think of anything different that would distract a driver?

Every time you cross the road, when its busy, when it's quiet

**STOP LOOK LISTEN.**

Distracted drivers aren't looking for pedestrians and cyclists!

Write a step by step guide to your new school journey. Imagine this is for someone who has never been to your town or village before. What landmarks or points of interest might they see. Explain how to use any crossing places they come across

For example...

1. At the end of the driveway turn left.
2. Walk to the end of the road, past the garden with the big tree.

And so on and so on....

Have a look at the pictures below. Circle in blue the ones you will have to take with you, use red for the ones you would like to take. Now circle with green the ones that if used when walking, cycling or waiting for the bus could put you in danger.



We'd love to see your plans and work. Send them to [roadsafety@viaem.co.uk](mailto:roadsafety@viaem.co.uk)

in partnership with



Nottinghamshire  
County Council

Have a go at this word puzzle. To find the letters that make up the phrases, find the letter given below, on the grid and follow the arrows. Then use the letter you reach to fill in the gaps in the sentences below.

E.G. Find U on the grid. Follow the arrows across two squares. This gives you the letter O. Write this in the space.

T	W	R	C	Q	Y
U	I	O	P	A	S
D	F	G	H	J	K
L	Z	X	E	V	B
		N	M		

- U →→

Z ←↑↑

F ↑↑←

M ↑↑↑→

A ↓→↓

U →→

Z ←↑↑

F ↑↑←
- T →

R ↓→→

T ↓↓↓

Q ↓←↓→→

G →↑↑

B ↑↑↑

G →↑↑

U →↓↓←

C ↓↓←←↑

Z →↓

O ↓
- I →→↓

L →→→

B ↑↑←

O ↓←↑←↓

F →↑→

N ↑↑↑

U →→

X →↓←

L →→→

Y ←←↓↓→→↑

U →→

Z ←↑↑

F ↑↑←
- F →↑→

Z ←↑↑

F ↑↑←

F →↑→

N ↑↑↑

U →→

X →↓←

L →→→

F →↑→

U →→

G →↑↑

Q ↓←↓→→

L →→→

F ↑↑←
- O ↓←↑←↓

F →↑↑

C ↓↓←←↑

G ↓→→

L →→→

F →↑↑

Y ←←↓↓→→↑

Y ←←↓↓→→↑

L →→→

L →→→

B ↑↑↑

U →→

Z ←↑↑

- When **O** \_ \_ & \_ \_ \_ \_ \_
- \_ \_ \_ \_ \_ ing or \_ \_ \_ \_ \_
- Take your \_ \_ \_ \_ \_
- \_ \_ \_ your \_ \_ \_ \_ \_ in \_ \_ \_ \_ \_
- Help \_ \_ \_ \_ \_



We'd love to see your plans and work. Send them to [roadsafety@viaem.co.uk](mailto:roadsafety@viaem.co.uk)